

The Case of Theodore

Theodore is a 42-year-old cis-male who has just lost his mother to a heart attack. She was his only remaining parent and had left a sizable estate to him and his siblings. When he calls you for your scheduled meeting, he periodically sobs and is seemingly inconsolable for these sorrowful moments. Occasionally, he can pull himself together emotionally to answer the necessary questions, but sometimes he is unable to.

What do you do?

Now that we have learned skills to help clients who are unresponsive or inconsolable, **what are some things you might change?**

The Case of Maria

Maria is a 52-year-old cis-woman who has just lost her husband to a stroke. They have been married for 30 years and their 31st anniversary was next week. They have 2 adult children total. When she calls you for your scheduled meeting, she is combative, often stonewalling and not wanting to answer questions because "It's all written down" and "Why are you asking so many useless questions?"

What do you do?

Now that we have learned skills to help clients who are unresponsive or inconsolable, **what are some things you might change?**
